

Södergående										Norrgående																	
									13 maj - 18 maj 2026																		
Mån	Ons	Ons & Tors	Tors	Fre	Fre	Lör & Sön	Sön	Sön	Turen går									Mån	Ons	Ons	Ons & Sön	Tors	Fre	Fre	Sön	Sön	Sön
	BB						BB															BB	BB			BB	
R30	R30	R30	R30	R30	R30	R30	R30	UR										R30	R30	R30	R30	R30	R30	R30	UR	R30	R30
		10:20			05:35		12:00		Umeå busstation											23:25		17:45	20:55			20:45	
		10:40			05:55		12:20		Hörnefors, Circle K, E4											22:50a		17:10	20:20			20:10	
		10:55			06:15		12:35		Nordmaling resecentrum, hpl Circle K											22:35a		16:55	20:05			19:55	
		11:15			06:35		12:55		Husum, E4											22:15a		16:35	19:45			19:35	
11:00	06:00	11:45			07:15	06:00	13:35		Örnsköldsvik resecentrum									19:10		21:55	00:45	16:15	19:20	23:15		19:15	22:10
11:12	06:12	11:57			07:27	06:12	13:47		Bjåsta, södra utfarten E4									18:50		21:33a	00:25	15:55	19:00	22:55		18:55	21:50
11:22	06:22	12:07			07:37	06:22	13:57		Skuleberget, Naturum, E4									18:38		21:23a	00:13	15:43	18:48	22:43		18:43	21:38
11:25	06:25	12:10			07:40	06:25	14:00		Docksta Marina, E4									18:35		21:20a	00:10	15:40	18:45	22:40		18:40	21:35
11:35	06:35	12:20			07:50	06:35	14:10		Ullånger, baksidan OKQ8									18:25		21:10	00:00	15:30	18:35	22:30		18:30	21:25
11:55	06:55	12:40			08:10	06:55	14:30		Hornöberget, E4									18:00		20:50a	23:35	15:05	18:10	22:05		18:05	21:05
	05:55		07:00	06:00			13:35		Sollefteå busstation hpl A										20:15			16:15	19:20			19:20	
	06:20		07:25	06:25			14:00		Bollstabruk busstation										19:40			15:40	18:45			18:45	
	06:30		07:35	06:35			14:10		Kramfors resecentrum										19:30			15:30	18:35			18:35	
	06:40		07:45	06:45			14:20		Lunde										19:20			15:20	18:25			18:25	
	06:50		07:55	06:55			14:30		Hälledal, RV90										19:10			15:10	18:15			18:15	
12:20	07:20	13:05	08:20	07:20	08:35	07:20	14:55		Härnösand resecentrum									17:40	18:45	20:30	23:15	14:45	17:50	21:45		17:45	20:45
12:25	07:25	13:15	08:25	07:25	08:40	07:25	15:10	17:30	Härnösand resecentrum									17:35	18:40	20:30	23:10	14:40	17:40	21:40	16:00	17:40	20:35
12:45	07:45	13:35	08:45	07:45	09:00	07:45	15:30	ej	Torsboda, E4									17:10	18:15	-	22:45	14:15	17:15	21:15	15:35a	17:15	20:10
12:50	07:50	13:40	08:50	07:50	09:05	07:50	15:35	17:55	Timrå centrum, E4									17:05	18:10	-	22:40	14:10	17:10	21:10	15:30	17:10	20:05
13:15	08:15	14:00	09:10	08:10	09:30	08:15	15:55	18:10	Sundsvall resecentrum									16:55	18:00	19:50	22:30	14:00	17:00	21:00	15:20	17:00	19:55
13:45	08:45	14:30	09:40	08:40	10:00	08:45	16:25	18:40	Gnarp, Circle K									16:20	17:20	19:10	21:50	13:20	16:20	20:20	14:45	16:20	19:20
13:45	08:45	15:05	09:40	08:40	10:35	08:45	16:25	18:40	Gnarp, Circle K									16:20	17:20	18:40	21:50	12:45	16:20	20:20	14:45	15:45	19:20
13:50	08:50	15:10	09:45	08:45	10:40	08:50	16:30	18:45	Jättedal, Dvästa E4									16:15	17:15	18:35	21:45	12:40	16:15	20:15	14:40	15:40	19:15
13:55	08:55	15:15	09:50	08:50	10:45	08:55	16:35	18:50	Harmånger, Nordanå E4									16:10	17:10	18:30	21:40	12:35	16:10	20:10	14:35	15:35	19:10
ej	ej	ej	ej	ej	ej	ej	16:55	ej	Hudiksvall, Circle K, Glada Hudik									ej	ej	ej	21:20	ej	ej	19:50	ej	ej	18:50
ej	ej	ej	ej	ej	ej	ej	17:30	ej	Hudiksvall, Circle K, Glada Hudik									ej	ej	ej	20:45	ej	ej	19:15	ej	ej	18:15
14:20	09:20	15:40	10:20	09:20	11:10	09:20	17:35	19:20	Hudiksvall resecentrum, hpl X									15:45	16:45	18:05	20:40	12:10	15:45	19:10	14:10	15:10	18:05
14:25	09:25	15:45	10:25	09:25	11:20	09:25	17:45	ej	Iggesund, E4									15:35	16:35	-	20:30	12:00	15:35	19:00	ej	15:00	18:00
14:35	09:35	16:00	10:40	09:40	11:25	09:35	17:55	19:35	Enånger E4									15:30	16:30	17:45	20:25	11:55	15:30	18:55	13:50	14:55	17:55
15:00	10:00	16:20	11:00	10:00	11:45	10:00	18:15	19:55	Söderhamn resecentrum									15:05	16:05	17:25	20:00	11:30	15:05	18:30	13:20	14:30	17:30
15:20	10:20	ej	11:20	10:20	ej	10:20	ej	ej	Tönnebro Vårdshus									14:45	15:45	ej	ej	ej	14:45	ej	ej	ej	ej
15:55	10:55	ej	11:55	10:55	ej	10:55	ej	ej	Tönnebro Vårdshus									14:10	15:10	ej	ej	ej	14:10	ej	ej	ej	ej
16:25	11:25	17:15	12:30	11:30	12:40	11:25	19:10	ej	Gävle Bro E4									13:35	14:35	-	19:05	10:35	13:35	17:35	ej	13:35	16:35
17:30	12:30	18:20	13:35	12:35	13:45	12:30	20:10	ej	Uppsala, Gränby, Takpanneg.									12:35	13:35	-	18:05	09:35	12:35	16:35	ej	12:35	15:35
18:05	13:05	18:50	14:05	13:05	14:20	13:05	20:45	22:15	Arlanda, terminal 4									12:05	13:05	15:05	17:35	09:05	12:05	16:05	11:00	12:05	15:05
18:20a	13:20a	19:10a	14:20a	13:20a	14:35a	13:20a	20:55a	ej	Upplands Väsby, Scandic Hotel									ej	ej	ej	ej	ej	ej	ej	ej	ej	ej
18:45	13:45	19:30	14:45	13:45	15:10	13:45	21:25	22:55	Stockholm, Cityterminalen									11:30	12:30	14:30	17:00	08:30	11:30	15:30	10:30	11:30	14:30
ej	14:05	ej	15:05	14:05	15:30	14:05	ej	ej	Tallink Silja Värtahamnen									10:55	11:55	ej	ej	ej	10:55	ej	ej	10:55	ej

Rast på Tönnebro, Gnarp eller Glada Hudik 30 min

Utan Rast

Ev bussbyte för resande till/från Sollefteå

R30

UR

BB